

Addendum to COVID-19 Campus Policy, Phase 3

Coping With Illness

Effective Date: January 3, 2021

The policies and procedures in this addendum (“Addendum”) supplement the COVID-19 Return to Campus Policy, Phase 3, with effective date January 3, 2021 (“Policy”). While the Policy focuses on prevention of illness, the Addendum sets forth guidelines to follow in the event illness is suspected or confirmed. These guidelines apply to all University faculty and staff (“employees”) and students.

What to do if you have symptoms or feel sick

If you experience **ANY** of the following symptoms, you should not be on campus and may be sent home. Please stay at home if symptoms present themselves.

- Fever (38 degrees Celsius or higher)
- Headache
- Shortness of breath
- Cough
- Sore throat
- Vomiting
- Diarrhea
- Abdominal pain
- Congestion or runny nose
- Recent loss of sense of taste or smell
- Nausea
- Fatigue
- Muscle or body aches

Medical evaluation and testing are strongly recommended for EVERYONE with such symptoms. The University will continue to seek ways to provide on-campus testing. Until such testing is available, please consult local doctors.

If you test positive for COVID-19, you must do the following:

- For employees, immediately report to your supervisor for contact tracing AND
- Quarantine for seven (7) days from the onset of symptoms, AND
- Pass 24 hours with no fever (without fever-reducing medication) AND
- Show improvement of any respiratory symptoms AND

- Obtain a Release Letter from a local health department, doctor or hospital stating you have a negative COVID-19 test result.

If you have any of the symptoms listed above, but test NEGATIVE for COVID-19, you must do the following:

- Provide a doctor's note with alternative diagnosis or provide the negative COVID-19 test result (if applicable), OR
- Stay home until symptoms have improved to the extent that you can return to campus, including being fever-free for 72 hours.

If symptoms persist, it is recommended that you re-do the test to confirm a negative result.

If you have **any** of the symptoms listed above, and do not take a COVID-19 test or have a physician evaluation, you must:

- Stay home at least ten (10) calendar days from onset of symptoms AND
- Pass 24 hours with no fever (without fever-reducing medication) AND
- Show improvement of respiratory symptoms.

If someone is asymptomatic and has been in close contact with a confirmed OR probable COVID-19 case, then they must:

- Stay home for seven (7) calendar days after last exposure to the COVID-19 case OR
- Provide a negative COVID-19 test result.

AUIS EMPLOYEES

- If you have COVID-like symptoms and must stay home, immediately inform your direct supervisor and the HR Director. Sick leave should be taken, or personal leave if there is no remaining sick leave.
- If you are asymptomatic or have mild symptoms, you may be able to avoid taking sick days and work from home with your Director's approval.

AUIS STUDENTS

- Classes will be recorded and uploaded to Moodle for students to watch at home.
- If you reside in an AUIS dormitory and test positive for COVID-19, you are advised to return home. You should immediately update via email the Dean of Students of your condition and you should isolate/quarantine in your room until departing AUIS. Your departure should be coordinated with the Dean of Students.
- In certain circumstances, with written permission from the Dean of Students, you may remain in isolation in the dormitory, without attending classes or other campus activities, until you obtain a negative test result.